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MENU

muffin of the day - \$3

home-made watermelon rind jam
grated cheddar

chia seed with yogurt or coconut milk - \$7

berries | granola | coconut flakes

spa salmon on rye - \$10

rye toast | herb cream cheese | smoked salmon

petit four trio - \$4

chocolate truffles | baobab strawberry macaroon
mini fruit pavlova burger

detox energy salad - \$10

avocado | mixed leafy greens | cucumber
quinoa | flax seeds | pumpkin seeds
sunflower seeds | citrus drizzle

poke bowl - \$12

choose: cured salmon or chicken
sushi rice | seaweed | cucumber | micro greens
pickled ginger | sushi mayo

COFFEES & TEAS

hot coffees - \$3

cappuccino | latte | americano | espresso

iced coffees - \$4

iced latte | freddo espresso | freddo cappuccino

teas - \$4

green tea | herbal teas

Please note all prices are quoted in US\$. Residents of Zimbabwe may effect payment in Zimbabwe dollars at a rate to be advised by management.



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BEVERAGES

FRESH JUICES

green detox - \$5
immunity blend - \$5



COCKTAILS

mimosa - \$8
aperol spritz - \$8



WINES

house wine by the glass
White \$6 | Red \$7 | Sparkling \$8

WHITE WINES

White wines available by the bottle

tokara chardonnay - stellenbosch - \$32
citrus and floral aromas underlying notes of brioche,
vanilla and a hint of toasted almonds

paul cluver - sauvignon blanc - elgin - \$32
fresh expressive granadilla, elderberry, gooseberry
and black current undertones

RED WINES

Red wines available by the bottle

ernie els big easy
cabernet sauvignon - western cape - \$30
attractice oak aromas, cedar, spice, as well as ripe
plum / dark fruit and attractive warmth to the nose

hartenberg merlot - stellenbosch - \$38
truffles, forest floors, violets, plums and cherry
texture, fine grained tannins and a silky finish

SPARKLING WINE

Available by the bottle

casa dei farive cuvee brut nv - italy - \$32
bright fresh fruit bouquet, subtle floral and fruit
aromas of apples and pears